

Course Outline

### **FORT GREY CONSULTING**

Tutor: Dr Quintin Rayer

"Overall, I found the course enjoyable and stimulating. It was really useful, with helpful proactive elements, including tests to check on understanding at regular intervals. The course was comprehensive but concise, so that it did not distract from the underlying objective of studying for a professional qualification. For those who have difficulties in making progress with their studies, or who are not sure how to start, I would certainly recommend this course as a stimulus to more successful studying." Stephen Ainsworth, Senior Partner, BWCI Group, Guernsey.

# Study Training "Killer tips for Studying"

#### **Overview**

Would you like to make the best use of your study time? Then this study programme is designed for you. It encourages the student to re-examine how they study and provides practical techniques to ensure the most productive use of time. Our study programme is ideal for professionals commencing study for the first time or after a long gap.

Participants explore differing approaches to learning depending on information type; how to combine new knowledge with what they already know; graphical organisers; attitudes and actions that support learning; different learning styles; applying a toolkit of practical techniques and planning study schedules.

The estimated time required to complete this course is 2-7 hours.

### **Target Audience**

- Professionals commencing study for the first time, perhaps in pursuit of a professional qualification.
- Those in the financial services or other sectors re-commencing study after a long gap.
- Individuals who feel they would like to actively consider how they approach learning new materials as well as studying for exams or qualifications.
- Busy professionals who feel that they would like to save time by acquiring information more efficiently.

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#### 1. Introduction

Motivation – objectives – happiness chart.

#### 2. Different Approaches

Different circumstances, different approaches.

#### 3. Adding to what you Know

Mental blocks – misconceptions.

#### 4. Graphic Organisers

Pick out key points – spot important relationships.

#### 5. Attitudes and Actions

Motivation - helping ourselves to study – those around us.

#### 6. Different Media

Reinforcing material – learning cycle – tackling boredom.

#### 7. Learning Styles

Making study more effective.

#### 8. Practical Techniques

How to approach study – general study tips.

#### 9. Planning your Study

Study schedule – time available – covering content.

#### 10. Summary

Overview – contact details.

#### **Tutor**



#### **Dr Quintin Rayer**

BSc, ARCS, DPhil, CPhys, Chartered FCISI, Chartered Wealth Manager, SIPC

#### Consultant

- Dr Quintin Rayer is a Chartered Fellow of the Chartered Institute for Securities and Investments, a Chartered Wealth Manager, holds a Physics degree from Imperial College London and a Physics doctorate from Oxford University.
- Quintin has applied knowledge from nuclear and aerospace engineering to areas in finance, working for actuarial and investment consultancy firms as well as a multi-national European bank for nearly ten years.
- Projects have included substantial and innovative development of quantitative fund selection and analysis techniques, risk monitoring and portfolio optimisation, including in-house training for analysts and relationship managers.
- Quintin has completed the Sustainable Investment Professional Certification (SIPC) with the John Molson Business School, becoming this programme's first graduate in the Channel Islands and the second in the UK.

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#### **Course Benefits**

- Make more effective use of study time.
- Discover a range of approaches for studying, including a toolkit of practical techniques for your study sessions.
- Increase your confidence before commencing study for professional qualifications.
- Reminder of study techniques if recommencing studying after a long gap.
- Identification of different approaches to learning depending on your preferred styles.
- Guidance and worked examples of how to plan study schedules.

#### **Course Content Includes**

- Slides to work through at your own pace.
- Video: narrated slides with explanations of the material covered.
- Worked examples.
- Files to download so the student can record their own experience.
- Test questions to check understanding.
- Course certificate that can be downloaded as proof of completion.